

Masters Says...

Ayush Kumar*, Preeti Lamba

ABSTRACT

Homoeopathy is a holistic form of medicine that has been practiced for over two centuries. Many homoeopathic masters have developed clinical tips and guidelines for selecting and prescribing homoeopathic remedies based on their extensive clinical experience. Some of the key clinical tips offered by homoeopathic masters include taking a thorough case history, paying careful attention to the patient's unique symptoms and constitution, and selecting remedies based on the principle of "like cures like." Homoeopathic masters, such as Dr. Hahnemann, Dr. Hering, Dr. Kent, and Dr. Boericke developed homoeopathic materia medica to guide the selection of homoeopathic remedies based on the patient's symptoms. These resources provide detailed information on the properties and indications of various homoeopathic drugs, allowing practitioners to match the patient's symptoms with the most appropriate remedy, but sometimes applying the knowledge of materia medica in clinical practice is difficult. Hence, our homoeopathic masters had given some advice for clinical application of homoeopathic materia medica. These advices and tips are scatter in various homoeopathic books and literatures. In this manuscript, important clinical tips were collected after reviewing various homoeopathic books and literatures.

Keywords: Clinical tips, Homoeopathic drugs, Homoeopathic materia medica, Homoeopathy, Masters advice
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INTRODUCTION

Homoeopathic Materia Medica is one of the important subject to practice homoeopathy. From Dr. Hahemann era to till date, so many books have been published on materia medica. Hence, understanding of different materia medica and applying this knowledge in clinical practice is very difficult, but our homoeopathic masters had written important clinical indication of the drugs and given some advice for the clinical application which helps in homoeopathic practice.

Some of the important clinical indications and advice were brought in this article.

REVIEW OF LITERATURE

Various homoeopathic literature, books, articles have been searched and reviewed thoroughly. Originality has been maintained in this article by providing the authors name and their golden advice as it was described. Some of the Master's advice and clinical tips given below –

- Drugs should become your friends. You can identify your friend from the way he rings the bell, taps or opens the door, climbs the foot-steps, etc. similarly, you should be able to know the drug even when it is partially studied. - Dr. S.R. Phatak^[3]
- As long as old ailments reappear or are worse, without the appearance of essentially new symptoms which lie outside of its sphere of action, we should guard against a repetition of the remedy, or changing to new one. – Dr. Boenninghausen
- Symptoms appearing last in a proving have the highest value. – Dr. C. Hering^[5]
- The chronic remedy given during the attack (epilepsy) would aggravate too strongly. Hence find out a remedy that covers and corresponds in every respect to acute attack. Then follow with complementary or chronic remedy as the curative. Dr. T. K. Moore
- Never think that homoeopathy can cure everything; it cannot. However, it can relieve even the incurable to such an extent that it is difficult to realize, at times, its incurability. – Dr. M.L. Tyler^[15]

Department of Homoeopathic Materia Medica and Therapeutics, Dr. D. Y. Patil Homoeopathic Medical College and Research Centre, Dr. D.Y. Patil Vidyapeeth, Pune, Maharashtra India.

Corresponding Author: Ayush Kumar, Department of Homoeopathic Materia Medica and Therapeutics, Dr. D. Y. Patil Homoeopathic Medical College and Research Centre, Dr. D.Y. Patil Vidyapeeth, Pune, Maharashtra India. E-mail: ayush.kumar@dpu.edu.in

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- Prolonged sweat and diarrhea, these should never be interfered with as they will soon stop their own accord and the patient will be left in a state of quietude. – Dr. J.T. Kent^[14]
- Never amuse the patient with the things that will injure him. – Dr. J.T. Kent^[11]
- Do not prescribe Acetic acid after *Arnica*, *Belladonna*, *Lachesis* and *Mercurius*. It aggravates especially the headache after belladonna – Dr. H.C. Allen^[4]
- Abrotanum has cured pluerisy after *Bryonia*, which seemed indicated, had failed. – Dr. J.T. Kent^[11]
- *Agaricus* will cure the most inveterate chronic catarrhs with dryness and crusts, in tubercular constitutions, so deep-seated is it. – Dr. J.T. Kent^[11]
- *Aconite*- In hypertrophy of the heart from valvular diseases *Aconite* may do great harm. – Dr. E.A. Farrington^[7]
- *Aconite* – Unless indicated by the exciting cause, *aconite* is nearly always injurious in first stage of the disease – Dr. H.C. Allen^[4]
- *Aloe* – Do not repeat frequently in rectal conditions wait after few doses. – Dr. W. Boericke^[2]
- *Apocynum* Can – This remedy must be given carefully. In sensitive patients, the tincture will sometimes produce vomiting and symptoms of collapse. Dr. J. H. Clarke^[9]

- Antim tart – I have found nearest a specific for cholera morbus of any remedy. I have seldom been obliged to give more than two or three doses, one after each vomiting, before the case was relieved. – Dr. E.B. Nash^[6]
- *Arum triphyllum* – Should not be given low or repeated often, as bad effects often follow. The higher potencies most prompt and effective. – Dr. H.C. Allen^[4]
- Arsenic should be thought of in ailments from – chewing tobacco; alcoholism; sea bathing; sausage poisoning; dissecting wounds and anthrax poison; and stings of venomous insects. – Dr. H.C. Allen^[4]
- Arnica – We must never apply Arnica in purely inflammatory diseases with general heat chiefly external, nor in diarrhea. In such cases, it is always hurtful, the reason of which is obvious from its peculiar mode of action. Dr. S. Hahnemann^[1]
- Arnica – In ailments from spiritous liquors or from charcoal vapors, Arnica is often indicated. – Dr. H.C. Allen^[4]
- Argentum Nit – The 200th or the 1000th potency in water solution as a topical application in ophthalmia neonatorum has relieved when the crude silver nitrate failed. – Dr. H.C. Allen^[4]
- Apismel – Disagrees, when used either before or after Rhus Tox. – Dr. H.C. Allen^[4]
- Belladonna – is the best remedy for stiff neck of the rheumatic origin or from cold. – Dr. E.A. Farrington^[7]
- Belladonna – In Insanity, it is a frequent mistake to give too low, the higher potencies act better and more frequently. – Dr. Dewey
- Bromium has cured in croup after failure of Iodum, Phosphorus, Hepar, spongia especially in relapses after Iodum. – Dr. H.C. Allen^[4]
- *Bovista* antidotes, effects of local applications of tar; suffocation from gas. – Dr. H.C. Allen^[4]
- Borax – should not be used before or after, Acetic Acid, vinegar, wine. – Dr. H.C. Allen^[4]
- *Baptisia* – when Arsenic has been improperly given or too often repeated in typhoid or typhus. – Dr. H.C. Allen^[4]
- *Blatta orientalis* has cured bad cases of general dropsy, after *Apis*, *Apocynum*, and *Digitalis* failed. – Dr. Haynes
- Cina – Is frequently to be thought of, in children as an epidemic remedy, when adults require other drugs. – Dr. H.C. Allen^[4]
- *Cicuta virosa* injurious chronic effects from concussion of the brain and spine, especially spasm; trismus; and tetanus from getting splinter in flesh. – Dr. H.C. Allen^[4]
- Chamomilla – In cases spoiled by the use of opium or morphine in complaints of children. – Dr. H.C. Allen^[4]
- Carbo Veg – In the last stages of disease, with copious cold sweat, Cold breath, cold tongue, voice lost this remedy may save a life. – Dr. H.C. Allen^[4]
- Carbo animalis is often useful after bad effects from spoiled fish and decayed vegetables. – Dr. H.C. Allen^[4]
- Coca – Bad effects from mountain climbing or ballooning; of stimulats, alcohol, and tobacco. – Dr. H.C. Allen^[4]
- Cinchona – Is useful in bad effects from excessive tea drinking or abuse of chamomile tea, when hemorrhage results. – Dr. H.C. Allen^[4]
- Cantharis 200 given internally quickly cures the inflamed and horrible swelling that may follow great bites. – Dr. M.L. Tyler^[15]
- Cadmium – I frequently find cancer of the liver yielding to calcarea ars. In every way but with a tendency to relapse, when a single dose of cadmium in high potency will render the cure permanent. – Dr. A. H. Grimmer
- Calcarea Flour – It is a chronic remedy and needs sometime before manifesting its effects; should not be repeated too frequently. – Dr. W. Boericke^[2]
- Calcarea Hypophos – Must be given low but carefully as it sometimes excites hemorrhage. – Dr. E.B. Nash^[6]
- Camphor – Give Camphor always on sugar. In water, it nauseates. On sugar, it is delightful to take. And the sugar, also, stimulates and warms. – Dr. M.L. Tyler^[15]
- *Cannabis indica* – In insomnia do not use it lower than the third potency which is a commendable suggestion. – Dr. Halbert
- Capsicum – Disease curable by Capsicum are rarely met with in persons of tense fibre. – Dr. S. Hahnemann^[1]
- Caulophyllum – Should not be used lower than the 200th dilution; like Secale it cannot be trifled with. It has been often prescribed for swelled fingers in pregnancy. – Dr. H.C. Allen^[4]
- According to Dr. Hahnemann Calcarea should not be used before Nitric Acid and Sulfur; may produce unnecessary complications.^[1]
- Most of the symptoms of Causticum are agg from drinking coffee; so, you should not allow your patient to drink coffee while taking causticum. – Dr. Boger^[13]
- Ipecacuanha – In whooping cough the medicine should not be given after nursing the child as the paroxysms come and he vomits; to be given just after the vomiting, just before nursing, it works. – Dr. Royal
- Iodum – Should not be given during lying in-period, except in high potencies. Dr. C. Hering^[5]
- Iodum – I have cured many cases of goiter with Iodum CM, when indicated, giving a powder every night for four nights, after the moon full and was waning. – Dr.E.B. Nash^[6]
- Ignatia bears the same relation to the diseases of women that nuxvom does to sanguine, bilious men. – Dr. H.C. Allen^[4]
- Hamamelis – Is the aconite of the venous capillary system. – Dr. H.C. Allen^[4]
- Kalis – All of the Kalis are aggravated after any disturbance in fluid balance in the body particularly. after coition. Kali salts are not to be used where there is fever. – Dr. T. F. Allen^[8]
- Kali Bich – Never give Kali Bich in <30th potency because abundant experience has convinced that it does better than the low trituration. – Dr.E.B. Nash^[6]
- Kali Bich fails if given after Calcarea. – Dr. J.T. Kent^[11,14]
- Kali Bromatum – Now, a word about Kali Bromatum as anti-epileptic remedy. I do not believe that it ever cured epilepsy. In almost all cases in which it has been given, it has not cured but simply suppressed the disease and thus has produced a worse condition than the one previously existing, namely, imbecility. – Dr. E.A. Farrington^[7]
- Kali Carb – will bring on the menses, when Nat-mur, Though apparently indicated, fails – Dr. Hahnemann^[1]
- Never use any salt of potash where there is fever, and use Kali Carb cautiously in old gouty cases, advanced Bright's disease and tuberculosis. – Dr. T. F. Allen^[8]
- Lac Can – Probably no remedy in the materia medica presents a more valuable pathogenesis in symptoms of full throat, or one that will better repay a careful study. – Dr. H.C. Allen^[4]
- Lachesis is not often required in the treatment of diarrhea. In chronic cases, or when occurring in the progress of other

- acute diseases, it may become indicated by the concomitant symptoms. Dr. James B. Bell
- Lachesis doses ought not to be repeated too frequently. If well indicated a single dose should be allowed to exhaust its action. Dr. W. Boericke^[2]
 - After Nitric Acid, Lachesis acts like a poison but after Lachesis, Nitric Acid is complementary. – Dr. W. Boericke^[2]
 - *Lobelia inflata* – Treatment with *Lobelia* should always be begun with a single dose, if the symptoms permit, as in some cases, it produces violent depression. Dr. J. H. Clarke^[9]
 - *Lycopodium* – It is rarely advisable to begin the treatment of chronic diseases with *Lycopodium* unless clearly indicated. It is better to give first another antipsoric. – Dr. H. C. Allen^[4]
 - *Lycopodium* is deep seated, long acting, and should not be repeated after improvement begins. – Dr. H. C. Allen^[4]
 - Mezerium – Epidemics occurring in January and February often call for Mezerium. – Dr. H.C. Allen^[4]
 - Medorrhinum – The Burning feet of sulfur and restless fidgety legs and feet of zinc are both found at same time in medorrhinum – Dr. H.C. Allen^[4]
 - Medorrhinum – Bears the same relation to deep – seated syccotic chronic affections of spinal and sympathetic nervous system, that psorinum does to deep seated affections of skin and mucous membranes. – Dr. H.C. Allen^[4]
 - Mag Phos – Acts best when given in hot water. – Dr. H.C. Allen^[4]
 - Muratic Acid is useful in last stages of dropsy from cirrhosis of liver. – Dr. E.A. Farrington^[7]
 - Mercurius – You should change to Mercurius if pus has already formed. The tonsil is enlarged and encroaches on neighboring parts and the breathing is labored. When pus has thus shown itself, Mercurius given low and repeatedly, will cause a quick breaking of abscess; relieving all the symptoms. If you give Mercurius at first, you will generally lengthen the course of your case. – Dr. E.A. Farrington^[7]
 - Mercury should not be given before or after Silicea, it is well known that Mercury is not followed by Silicea. Silicea does not do useful work when Mercury is still acting or is or has been acting. This is the time when Hepar Sulph becomes an intercurrent remedy. Silicea follows well after Hepar Sulph and Hepar Sulph follows Mercury and thus Hepar Sulph becomes an intercurrent in that series. – Dr. J.T. Kent^[11,14]
 - Mercury is so rarely indicated in typhoid fever that some careful prescribers say “never.” – Dr. H. C. Marrow
 - Be careful how you give Mercury. It is a treacherous medicine. It seems often indicated. You give it and relieve; but your patient is worse again in a few weeks and then you give it again with relief. By and by, it fails you. Now if I want to make a permanent cure, for instance, in a scrofulous child, I will very seldom give him Mercury. Should I do so, it will be at least as an intercurrent remedy. – Dr. E.A. Farrington^[7]
 - Nux Vom should be given on retiring or, what is better, several hours before going to bed; it acts best during repose of mind and body. – Dr. H.C. Allen^[4]
 - Nitric acid – often difficult to distinguish from merc; but is adapted to black haired people, while merc is more useful in light-haired person – Dr. H.C. Allen^[4]
 - Nitric acid – Relieves ailments resulting from abuse of mercury, especially if there be erethism; bad effects of repeated doses of *Digitalis*- Dr. H.C. Allen^[4]
 - If vertigo and headache be very persistent, or prostration be prolonged after natrum, nux will relieve. – Dr. H.C. Allen^[4]
 - Natrum Carb – Weakness of ankles from childhood finds a good remedy in Natrum Carb. – Dr. E.B. Nash^[6]
 - Pulsatilla – Should not be selected for loose cough, unless you are sure that all the symptoms of the case call for it. It often tightens a such cough without curing it. – Dr. E.A. Farrington^[7]
 - Pulsatilla – In measles, do not give it in the beginning, so when the fever is high; in that case, you should begin the case either with Aconite or Gelsemium, as is indicated by the symptoms. – Dr. E.A. Farrington^[7]
 - When the first premonitory symptoms of measles make their appearance, Pulsatilla should not be given to women while they have their courses. In the case of this kind, it once arrested the menses, suppressed the eruption which was on the point of making its appearance and developed threatening cerebral symptoms. – Dr. Jhar
 - If Pulsatilla is prescribed in the beginning of coryza it usually spoils the case. It should not be given in the beginning of a cold, unless the temperament and other symptoms decide. – Dr. E.A. Farrington^[7]
 - Pulsatilla should not be given to a pregnant woman (in early months). During the 8th month, a small globule of No. 10 size may be given once in a week to help the pregnant lady to get an early delivery. It also helps to correct the irregularities of the growth to one side during pregnancy. The fetus may assume a proper position. – Dr. E.A. Farrington^[7]
 - Phosphorus often cures lasciviousness when *Hyoscyamus* fails. – Dr. H.C. Allen^[4]
 - Phosphorus – I have found Phosphorus the best antidote to the effects of storm. – Dr. J.H. Clarke^[9]
 - Psorinum – should not be given for psora or the psoric diathesis, but like every other remedy, on a strict individualization – the totality of the symptoms and then we realize its wonderful work. – Dr. H.C. Allen^[4]
 - Sulphuric acid – Ailments from Brandy drinking. Sulfuric acid one part with three parts of alcohol, 10–15 drops, 3 times daily for 3–4 weeks, has been successfully used to subdue the craving for liquor. Dr. C. Hering^[5]
 - Sulfur is chronic of aconite and follows it well in pneumonia and other acute diseases. – Dr. H.C. Allen^[4]
 - Sulfur follows Psorinum well in mammary cancer. – Dr. H.C. Allen^[4]
 - Santoninum sometimes cures worm affections when cina seems indicated, but fails. – Dr. H.C. Allen^[4]
 - Sepia – It antidotes mental effects of overuse of tobacco, in patients of sedentary habits who suffer from over mental exertion. – Dr. H.C. Allen^[4]
 - Sepia is inimical to Lachesis. Should never be used before or after. Inimical to Pulsatilla with which it should never be alternated. – Dr. H.C. Allen^[4]
 - Sepia is given in the evening because given in the morning, it may produce a sufficient aggravation to leave the patient feeling quite useless for that day. – Dr. H.C. Allen^[4]
 - Secale Cor – Dr. Allen says, “During labor or uterine hemorrhage, it should be used with great discretion. It is extremely dangerous when there is albuminuria, for it is liable to bring convulsion. If used too frequently during labor it is extremely apt to cause puerperal metritis.” – Dr. T.F. Allen^[8]

- Tuberculinum – when psorinum, sulfur, or the best selected remedy fails to relieve or permanently improve; follows psorinum as a constitutional remedy in hay fever, asthma. – Dr. H.C. Allen^[4]
- Terebinthinae – Is recommended as a prophylactic in malarial and African fevers. – Dr. H.C. Allen^[4]
- *Veratrum viride* – Should not be given simply to bring down the pulse or control the heart's action, but like any other remedy for the totality of symptoms. – Dr. H.C. Allen^[4]
- *Veratrum album* – Often removes bad effects of excessive use of alcohol and tobacco. – Dr. H.C. Allen^[4]
- Variolinum – as a preventive of, or protection against, smallpox, it is far superior to crude vaccination and absolutely safe from the sequelae, especially septic and tubercular infection. It has done splendid work in all potencies, from the sixth centesimal to the C.M. – Dr. H.C. Allen^[4]
- Zincum met – chamomilla and nuxvom should not be used before or after. – Dr. H.C. Allen.^[4]

CONCLUSION

- Clinical tips on Homoeopathic materia medica are important because they provide valuable information on the practical application of homoeopathic remedies in practice. Homoeopathic materia medica is a collection of symptoms and indications of homoeopathic remedies, and clinical tips provide additional insights into the use of these remedies based on the experiences of homoeopathic practitioners. These tips may include specific indications for a remedy, tips on remedy selection, and advice on the potency and dosage of a remedy.
- Homoeopathic master's advice and clinical tips can help homoeopathic practitioners to select the most appropriate remedy for a patient's individual symptoms and to determine the most effective dose and potency. They can also provide guidance on how to monitor the progress of treatment and make adjustments as necessary.
- Furthermore, clinical tips can help to expand our understanding of the homoeopathic remedies. This knowledge can help homoeopathic practitioners to improve their prescribing skills and achieve better clinical outcomes for their patients.
- In summary, clinical tips on homoeopathic materia medica are an important resource for homoeopathic practitioners, providing valuable insights into the practical application of homoeopathic remedies and helping to improve clinical outcomes.

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